

WE ARE WHAT WE EAT



As we all know, we are what we eat. The students can skim the print or digital newspaper to find the five best foods for good nutrition. Then they can rank them in order of their healthiness. Each student can design a newspaper ad to sell the food that is most beneficial to good health.

1. _____
2. _____
3. _____
4. _____
5. _____

YOUR AD HERE

