

Fitness Scavenger Hunt

Take this 10-point fitness scavenger hunt challenge. See if you can find these things in the newspaper. Jot down the page on which you found each one and a brief description of it.

1. A sport played by throwing a ball. Page # ____

Description 

2. A healthy person. Page # ____

Description 

3. A fruit that is a good snack. Page # ____

Description 

4. A sport that involves jumping. Page # ____

Description 

5. A comic character that illustrates poor health choices. Page # ____

Description 

6. A sport that involves stretching. Page # ____

Description 

7. A place where a sport is played. Page # ____

Description 

8. An activity that uses arm muscles. Page # ____

Description 

9. A water sport. Page # ____

Description 

10. A reason to be healthy. Page # ____

Description 